

DSRIP (Delivery System Reform Incentive Payment)

Program

Learning Collaborative Meeting: April 9th 2015

VIRTUA – DSRIP PROGRAM

Virtua Memorial Hospital of Burlington County & Virtua West Jersey Health System

April Schetler, Project Lead Bageshree Cheulkar, Project Coordinator



Virtua – A Leader in Southern New Jersey



3 Acute Care Hospitals



- 45 Physician Office locations
- 2 Sub-Acute Care Facilities
- 2 Home Health Agencies
- 7 Ambulatory Surgery Centers
- 3 Fitness Centers









Virtua's Mission

Virtua helps you be well, get well and stay well





SURVIVAL SKILLS FOR DIABETES

Group visits and Community Education for Diabetes



DSRIP Core Team

- Stephen Kolesk, MD; Senior VP Clinical Integration Project Champion
- Robert Post, MD; Chairman, Dept. of Family Medicine, Virtua Health (Southern Division) Physician Lead
- April Schetler, MS, RD; Director of Clinical Operations, Nutrition and Diabetes Project
 Lead
- Bageshree Cheulkar, MD, MPH; Project Coordinator, DSRIP Program Project Coordinator
- Christine Gordon, MBA; Manager of Reimbursement, Budget and Reimbursement –
 Finance Support
- Carol Mullin, RN; VP for Clinical Quality and Performance Management Quality and Data
 Support
- James Gamble, MD; Medical Director of Informatics, Information Services Data Support
 & State DSRIP Quality and Metrics Committee
- Jean Davidson, DO; Virtua Endocrinology Disease Specialist



Educators and Patient navigators

Multi-Disciplinary Educators' Team:

- Residents / Physicians Tatem Brown Family Medicine Center
- Diabetes Educators (RNs/RDs)— Nutrition and Diabetes Care Team
- Community Based Health Managers (CBHM)- Social Services/Case
 Management team
- Physical Therapist (PT) and Occupational Therapist (OT) Rehabilitation team

Patient navigation:

- CBHMs
- Access Center navigators



Survival skills for Diabetes

- Free Class
- Single session 4 hour group class
- Informative session
- Break-out sessions with educators (last hour)
- Incentives:
 - Light lunch provided
 - Nutrition counseling voucher
 - Transportation as needed
- 4 classes in a month
 - Different location each week
 - Washington Township Health and Wellness Center
 - Voorhees Diabetes and Nutrition Center
 - Lumberton FMC
 - Camden Kyle Will FMC



Survival skills for Diabetes

- Disease management –
 Diabetes educator
- Healthy eating Diabetes educator with lunch
- Physical fitness PT/ OT
- Health literacy (STOFHLA)
 and Depression (PHQ-9)
 screening Physician
- Economic issues and resources – CBHM

Informative session

Break-out session

- Physician screening results
- Diabetes educatorpost lunch blood test, logs

- CBHM resources and support
- Access center follow up with PCP, Eye exam, Foot exam, etc.

Navigation/ Care coordination



Pilot

- Project activity of education session- to focus on flow of class.
- 2 pilot sessions September 2014
 - North-
 - Lumberton FMC, Lumberton- Mt. Holly
 - South-
 - Tatem Brown FMC, Voorhees
- Patient enrollment All patients with diabetes from respective practices were invited to attend
- Observations from Pilots- from patient feedback and peer review
 - Agenda for class revised for better flow of information
 - Presentation and information revised for better reception from audience.



Highlights of Project Roll out

Patient enrollment

Invitations to eligible patients from physician offices

Access center calls

ER and MICU Discharge calls

In-patient Dietician referring

Additional staff trained

Include per diem diabetes educators- RNs and RDs

Include OTs

Timings of class-9am -1pm

Change of time?

4 locations every month

Addition of locations?

Change of locations?

Building relationship with the community

Reaching out to organizations for patient enrollment



Thank You.

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